

The **MAC.** **EVERY. BODY.**

~ Attention CRAAR & Affiliates ~

The MAC will be handling all renewals and new memberships from this point forward. Take advantage of this opportunity to join The MAC at a discounted rate as a member of the Cedar Rapids Area Association of Realtors.

- Enrollment will take place at MAC Xtreme or MAC South from April 16th – May 31st, Monday-Friday from 8am to 8pm or Saturday from 8am to 1pm.
- 6 Month Discounted Membership Running May 1st – October 31st. No Pro-rated Memberships. Late Fee Applied after May 31st.
- All 6 locations (Xtreme, South, and 24/7 Xpress locations found in Fairfax, The Fountains C.R., Downtown C.R. and Marion)
- **\$175.00 – 6 Month Membership** (Valued at \$509.32! Savings of over 65%)
 - **FREE Kids Club and Co-op Membership Included**
- Same Discount Applies for Spouse/Dependent
- Member must provide proof of Affiliation with CRAAR.

Check out all the Amenities The MAC offers:

- Variety of Cardiovascular Equipment
- Circuit Training Equipment, Free Weights & Kettlebells
- FREE Ms. M.A.C. - Women's Only Area
- Saunas & Steam Rooms
- Whirlpool
- 3 – Lane Lap Pool
- Swim Lessons*
- FREE Aqua Aerobics
- FREE Group Exercise Classes
- FREE Cycle/Spin Classes
- Mind & Body Classes* (Yoga, Hot Yoga, Pilates, Barre & more!)
- Outdoor Walking Trail
- YOUTH FIT* (required under the age of 16)
- Personal Training Packages*
- Racquetball Court & Basketball Court
- FREE Quarterly On Site Services
- Tanning*
- Free Kids Club Facility (Ages 11 & under)
- FULL Locker Facilities
- Executive Locker Rooms*
- 40% discount off selected pro shop items, Smoothie Xpress & more!
- FREE XPRESS 24/7 access (one time \$25 activation fee)
- FREE MAC FIT & InBody Testing

*Additional Charge

For Questions Please Contact Kyle Knock at (319) 377-7758 or
kknock@the-mac.com

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